



# ISTM NEWS

Newsletter of Institute of Secretariat Training and Management

July - Sep 2025



## From the Desk of Director, ISTM

I am delighted to present the latest edition of the ISTM Quarterly Newsletter for July to September 2025, showcasing significant activities and achievements.

This quarter witnessed, celebration of 78<sup>th</sup> Independence Day, Hindi Diwas, and celebration of Hindi Pakhwada, in which a large number of participations was seen. A vibrant Cultural Programme by ASO Probationers, regular Yoga Classes, and an enriching Bharat Darshan were key highlights of the Foundation Training Programme.

Other noteworthy initiatives included a Blood Donation Camp, and Sports Day. Each activity reflects ISTM's dedication to fostering skill development and holistic growth.

I thank all the contributors for their efforts, and encourage readers to share their suggestions to enhance future editions.

## NEWSLETTER HIGHLIGHTS



**Story inside - Celebration of 78<sup>th</sup> Independence Day at ISTM Campus**

From the Director

ENKINDLE

TRAILBLAZE

YEARNING



## ENKINDLE

We are pleased to present the July to September 2025 edition of the ISTM Quarterly Newsletter, chronicling the significant events and initiatives undertaken during this vibrant quarter. The newsletter is structured into four sections for ease of reading:

- Message from the Director.
- ENKINDLE: An overview of ISTM's activities.
- TRAILBLAZE: Highlights of major events.
- YEARNING: A platform for creative ideas from ISTM faculty, staff, and trainees.

The diversity of training programmes conducted—ranging from cadre-specific courses to organisation-specific and thematic workshops—underscored ISTM's role as a premier capacity-building institute. Each activity was a testament to the dedication of our faculty, staff, and trainees, and to our mission of fostering excellence in public service.

During this quarter, the Institute conducted 116 courses, online and offline, which were attended by 3882 officers/participants.

We invite readers to immerse themselves in these pages and to share their thoughts and suggestions, so that 'ISTM News' continues to inform, inspire, and connect our community.

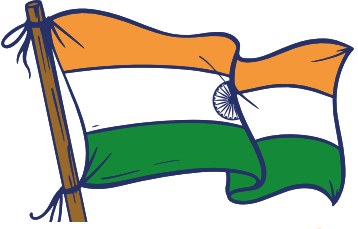
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# INDEPENDENCE DAY CELEBRATION 2025

@ ISTM Campus

On 15th August 2025, ISTM celebrated the Independence Day 2025 with great patriotic fervor. The celebration commenced with the Director, ISTM Sh. Rajiv Majhi, hoisting the national flag followed by the rendition of the national anthem. The Guard of Honour was presented by the CRPF. ASO Probationers of 2024 Batch participated in the celebration. Several ASO Probationers showcased their talent through group dance, solo dance, singing, poetry, etc.





# ACTIVITIES OF FTP CELL

## Foundation Training Programme

During the Second Quarter (July to September) of 2025-26, FTP Cell conducted Foundation Training Programme for a total of 277 Assistant Section Officers Direct Recruits (ASODR) of 2022, 2023 & 2024 of the Central Secretariat Service (CSS) batches and 121 Stenographer Direct Recruits (SDRs) of the Central Secretariat Stenographer Services (CSSS):

- SDR 63 & 64 from 9<sup>th</sup> June to 11<sup>th</sup> July 2025.
- ASODR 313, 314, 315, 316 & 317 from 21.07.2025 to 26.09.2025

### VISIT TO PARLIAMENTARY RESEARCH AND TRAINING INSTITUTE FOR DEMOCRACIES (PRIDE)

As part of the FTP, 277 ASODR from Batches 313, 314, 315, 316 & 317 of the Central Secretariat Service (CSS) visited the Parliament, which had been organised by Parliamentary Research and Training Institute for Democracies (PRIDE).

The trainees attended a session on Parliamentary Work Management, aimed at deepening their understanding of parliamentary procedures and enhancing their capacity to support the vital functions of governance. They also visited both the houses of the Parliament.





## SPORTS MEET FOR DIRECT RECRUITES

As part of the Foundation Training Programme, Stenographer Direct Recruits (SDRs) of 63 & 64 batches and Assistant Section Officers Direct Recruits (ASODR) Batches 313, 314, 315, 316 & 317 actively participated in the Sports Meet 2025 at ISTM. The event was inaugurated by Shri Rajiv Manjhi, Director, ISTM and Joint Secretary to Government of India. In his address, he highlighted the importance of well-being, physical fitness, sportsmanship, and team work in life. The event provided an excellent opportunity for trainees to display their athletic abilities and sportsmanship.

The occasion instilled a sense of unity and institutional pride, as SDRs competed in friendly matches, encouraged each other, and celebrated their collective accomplishments.



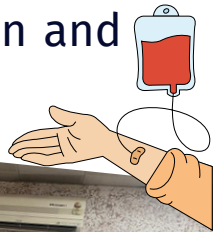


## Blood Donation Camps Organised at ISTM Campus



Blood donation is a noble and selfless act that holds the power to save lives and restore hope to those in need. Embracing this timeless virtue of service to humanity, the Institute of Secretariat Training and Management (ISTM) has been organising blood donation camps during various training programmes, in collaboration with RMLH Blood Bank, New Delhi.

During this quarter, two blood donation camps were held on the 29<sup>th</sup> August 2025 and 01<sup>st</sup> September 2025. The initiative saw enthusiastic participation from 277 donors, as well as faculty members of ISTM. Their generous contributions embody the spirit of compassion and social responsibility that ISTM stands for.





## ACTIVITIES OF FTP CELL

### ASODR Trainees Undertake Village Attachment and Study Tour

To help trainees develop a grounded understanding of rural life and long-standing community traditions, ISTM organized village attachment and study tours for the ASODR batches. The programme offered participants an opportunity to observe everyday village activities, interact with local institutions, and appreciate the social, health, and environmental practices that shape rural communities. These interactions enabled trainees to better understand the realities, challenges, and gradual development taking place at the grassroots level.

As part of the study tour, trainees from Batches 313, 314, 315, 316, and 317 visited several prominent establishments, including ALIMCO Kanpur, HAL Bengaluru, ISRO Bengaluru, and Mysore Bhawan in Mysuru. These visits provided valuable exposure to the region's scientific achievements, administrative systems, and cultural heritage. Their engagements with NGOs further enriched their perspective by highlighting community-based initiatives and inspiring a stronger sense of empathy and public service.





# हिंदी दिवस (14 सितंबर, 2025) एवं हिंदी पखवाड़ा (14 सितंबर, 2025-28 सितंबर, 2025)



माननीय गृह एवं सहकारिता मंत्री श्री अमित शाह जी की अध्यक्षता में आयोजित हिंदी दिवस समारोह एवं पांचवें अखिल भारतीय राजभाषा सम्मेलन का आयोजन महात्मा मंदिर कन्वेंशन एवं एग्जिबिशन सेंटर, गांधीनगर गुजरात में किया गया। संस्थान की ओर से श्रीमती नमिता मलिक, संयुक्त निदेशक (राजभाषा प्रभारी) एवं श्रीमती सुजाता मट्टू, उप निदेशक (राजभाषा) इस सम्मेलन में सम्मिलित हुईं।

सचिवालय प्रशिक्षण तथा प्रबंध संस्थान में 14 सितंबर, 2025 को हिंदी दिवस मनाया गया। इस उपलक्ष्य में संस्थान में माननीय राज्य मंत्री (कार्मिक) द्वारा जारी संदेश एवं सचिव (कार्मिक) द्वारा जारी अपील का परिचालन किया गया। संस्थान में हिंदी पखवाड़े के दौरान विभिन्न प्रतियोगिताओं का आयोजन किया गया।

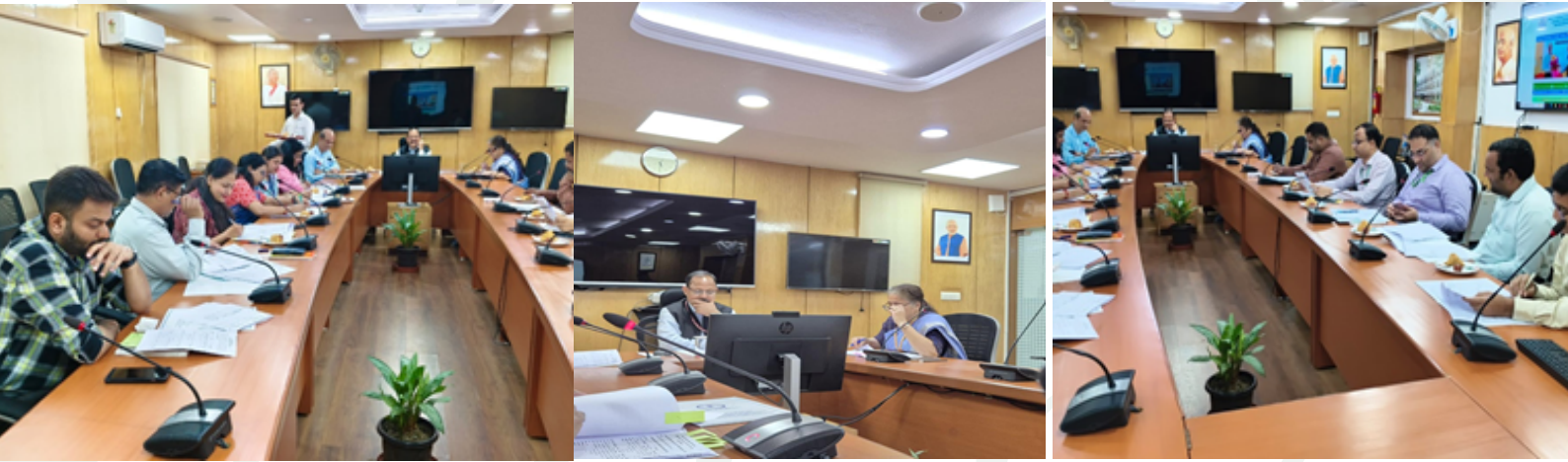
हिंदी पखवाड़े के दौरान कुल 06 प्रतियोगिताओं (हिंदी निबंध प्रतियोगिता, अनुवाद एवं प्रशासनिक शब्दावली प्रतियोगिता, हिंदी टिप्पण एवं आलेखन प्रतियोगिता, चित्र आधारित कहानी लेखन प्रतियोगिता, विषय आधारित स्वरचित कविता लेखन प्रतियोगिता, और हिंदी सुलेख एवं श्रुतलेखन प्रतियोगिता) का आयोजन किया गया।

उक्त प्रतियोगिताओं में संस्थान के उच्चाधिकारियों एवं कार्मिकों ने अत्यंत उत्साहपूर्वक प्रतिभागिता की। सभी प्रतियोगिताएं सुचारू रूप से संपन्न हुईं। इन प्रतियोगिताओं का उद्देश्य प्रेरणा, प्रोत्साहन तथा सद्भावना के माध्यम से संस्थान के सरकारी कामकाज में व्यावहारिक रूप से हिंदी के प्रयोग को बढ़ावा देना है।





सरकारी कार्य में राजभाषा-हिंदी की कार्य-प्रगति की समीक्षा करने और इसकी प्रतिशतता को बढ़ाने के लिए जुलाई-सितंबर, 2025 तिमाही के दौरान निदेशक महोदय की अध्यक्षता में संस्थान की राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया था। बैठक के दौरान राजभाषा अधिनियम/नियमों/निदेशों का अनुपालन सुनिश्चित करने के लिए संस्थान में जारी जांच बिंदुओं पर चर्चा की गई।



## हिन्दी कार्यशाला का आयोजन - जुलाई से सितम्बर 2025

जुलाई-सितंबर तिमाही के दौरान दिनांक 05 अगस्त, 2025 (मंगलवार) को 'राजभाषा हिंदी का अमृतकाल- नीति, वर्तनी तथा लिपि' विषय संबंधी हिंदी कार्यशाला का आयोजन किया गया। यह कार्यशाला संस्थान के सभी अधिकारियों, संकाय सदस्यों, कर्मचारियों एवं संविदा पर नियुक्त कार्मिकों (परामर्शदाता एवं डाटा एंट्री ऑपरेटर) के लिए आयोजित की गयी थी। कार्यशाला की अतिथि वक्ता के रूप में प्रोफेसर बंदना झा, हिंदी सलाहकार एवं अध्यक्ष, भारतीय भाषा केंद्र, जवाहर लाल नेहरू विश्वविद्यालय, नई दिल्ली को आमंत्रित किया गया। अतिथि वक्ता महोदया ने कार्यशाला में राजभाषा हिंदी का अमृतकाल- नीति, वर्तनी तथा लिपि पर बहुत उपयोगी एवं महत्वपूर्ण विचार साझा किए। सभी प्रतिभागी कार्मिकों ने बड़े उत्साह से कार्यशाला में भाग लिया।





## ONLINE AND OFFLINE COURSES CONDUCTED DURING JULY TO SEP 2025

A total of 116 offline, online and blended courses were conducted by the ISTM during this quarter and a total of 3882 officers of different government establishments, including officers of CSS and CSSS cadre attended these courses.

S.No	Name of course	No. of Courses	No. of Officers / Participants
1	CSS - Central Secretariat Services	11	507
2	CSSS - Central Stenographer Secretariat Services	7	247
3	Calendar Courses - As planned in Annual Training Calender	70	1752
4	Organization or Cader Specific Programme / PT Programmes	15	416
5	CBSE Training of Trainers	13	960
<b>Grand Total</b>		<b>116</b>	<b>3882</b>

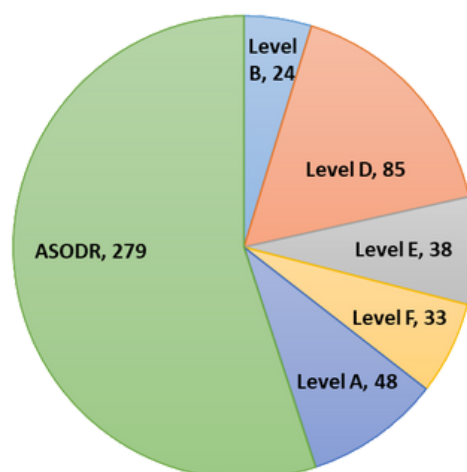
### CSS - CADRE TRAINING COURSES - 11 COURSES WERE CONDUCTED:-

A total of 11 courses of Level B, D E and F were conducted during this quarter (Jul to Sep 2025). The duration of these courses ranges from two to three weeks. A total of 507 participants attended the training.

#### DESCRIPTION OF COURSE NAME:

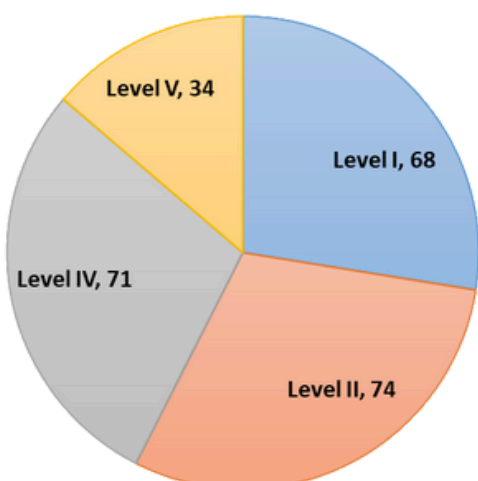
- ASODR: DIRECT RECRUITE ASSISTANT SECTION OFFICERS
- LEVEL A: SSA OF CSCS WITH 7 YEARS OF APPROVED SERVICE
- LEVEL B: ASO OF CSS WITH 6 YEARS OF APPROVED SERVICE
- LEVEL D: SO OF CSS WITH 4 YEARS OF APPROVED SERVICE
- LEVEL E: US OF CSS WITH 4 YEARS OF APPROVED SERVICE
- LEVEL F: DS AND DIRECTORS WITH 4 YEARS OF APPROVED SERVICE

#### No. of Participants



### CSSS - CADRE TRAINING COURSES - 07 COURSES WERE CONDUCTED:-

#### No. of Participants



A total of 07 courses of Officer of Central Secretariat Stenographer Service were conducted during this quarter (Jul to Sep 2025). The duration of these courses was 2 - 6 weeks. A total of 247 participants attended the training.

#### DESCRIPTION OF COURSE NAME:

- LEVEL I: STENO OF CSSS WITH 4 YEARS OF REGULAR SERVICE
- LEVEL II: PA OF CSSS WITH 4 YEARS OF REGULAR SERVICE
- LEVEL IV: PPS OF CSSS WITH 4 YEARS OF REGULAR SERVICE
- LEVEL V: SR. PPS OF CSSS WITH 4 YEARS OF REGULAR SERVICE



## CALENDAR COURSES OTHER THAN CSS/CSSS AND CTP - 70 COURSES

S.No	Name of course	Duration From	Duration To	No. of Participants
1	Workshop on e-Procurement & GeM	29-Sep-2025	1-Oct-2025	11
2	Responsible use of AI in Workplace	29-Sep-2025	30-Sep-2025	23
3	Material & Inventory Management	29-Sep-2025	30-Sep-2025	14
4	Five Days Training of Trainers (ToT) Course	22-Sep-2025	26-Sep-2025	14
5	Workshop on Cyber Security	22-Sep-2025	23-Sep-2025	23
6	Reservation in Services for SC/ST/OBC/ExSM/PWDs	22-Sep-2025	25-Sep-2025	32
7	MS-Excel	15-Sep-2025	16-Sep-2025	16
8	Proactive Disclosure of information under RTI-Act & Third Party Audit	15-Sep-2025	15-Sep-2025	23
9	Administrative Vigilance - Role of IO/PO	15-Sep-2025	18-Sep-2025	15
10	DoPT workshop on EHRMs	11-Sep-2025	11-Sep-2025	20
11	DoPT workshop on EHRMs	10-Sep-2025	10-Sep-2025	20
12	Workshop on e-Office	8-Sep-2025	9-Sep-2025	20
13	Level - A - DAKSHTA	8-Sep-2025	12-Sep-2025	19
14	Workshop on Office Procedure & Noting & Drafting	8-Sep-2025	10-Sep-2025	33
15	Training Need Analysis	8-Sep-2025	13-Sep-2025	22
16	Right to Information - Public Information Officers	8-Sep-2025	9-Sep-2025	20
17	DoPT workshop on EHRMs	4-Sep-2025	4-Sep-2025	20
18	DoPT workshop on EHRMs	3-Sep-2025	3-Sep-2025	20
19	Workshop for Liaison Officers (SC/ST)	1-Sep-2025	2-Sep-2025	32
20	Workshop on Preparation of Expenditure Finance Committee/ Standing Finance Committee	1-Sep-2025	2-Sep-2025	23
21	Workshop on Office Procedure & Noting & Drafting	1-Sep-2025	3-Sep-2025	37
22	Orientation Training Programme on PFMS	1-Sep-2025	2-Sep-2025	30
23	DoPT workshop on EHRMs	28-Aug-2025	28-Aug-2025	20
24	DoPT workshop on EHRMs	27-Aug-2025	27-Aug-2025	20
25	Two-day workshop on Unified Scheme/New Pension Scheme	25-Aug-2025	26-Aug-2025	29
26	Design of Training	25-Aug-2025	29-Aug-2025	19
27	Workshop on Income Tax	25-Aug-2025	25-Aug-2025	48
28	Workshop on Team Building and Leadership	25-Aug-2025	26-Aug-2025	14
29	Workshop on Emerging Technology and Dashboard	25-Aug-2025	26-Aug-2025	32
30	Collaborative Leadership	18-Aug-2025	18-Aug-2025	32
31	Direct Training Skills	18-Aug-2025	22-Aug-2025	26
32	Work Life Balance & Anger Management	18-Aug-2025	19-Aug-2025	22
33	Data Analytics using MS-Excel	18-Aug-2025	19-Aug-2025	15
34	Workshop on Communication Skills	18-Aug-2025	19-Aug-2025	23
35	Programme on Pensions & Other Retirement Benefits	18-Aug-2025	20-Aug-2025	36
36	Stress Management	11-Aug-2025	12-Aug-2025	22
37	Record Management - Right to Information	11-Aug-2025	12-Aug-2025	37
38	Workshop on Pay Fixation	11-Aug-2025	12-Aug-2025	75
39	Effective Cabinet Notes	11-Aug-2025	11-Aug-2025	18
40	One-day online workshop on Unified Scheme/New Pension Scheme	8-Aug-2025	8-Aug-2025	20



S.No	Name of course	Duration From	Duration To	No. of Participants
41	MS-Excel	6-Aug-2025	7-Aug-2025	40
42	Prevention, Prohibition and Redressal of Sexual Harassment of Women at Work Place	6-Aug-2025	7-Aug-2025	25
43	Statistical Tools and Techniques	4-Aug-2025	5-Aug-2025	14
44	Workshop on Financial Management in Government	4-Aug-2025	6-Aug-2025	38
45	e-Record Management	4-Aug-2025	4-Aug-2025	37
46	Workshop on Conduct of Inquiry on Complaints relating to Sexual Harassment of Women at Work-Place	4-Aug-2025	5-Aug-2025	31
47	Responsible use of AI in Workplace	4-Aug-2025	5-Aug-2025	13
48	Service Orientation	4-Aug-2025	4-Aug-2025	17
49	Administrative Vigilance Role of IO/PO	4-Aug-2025	8-Aug-2025	23
50	Orientation Training Programme for the retiring Government officials	28-Jul-2025	29-Jul-2025	11
51	Cash & Accounts	28-Jul-2025	26-Sep-2025	27
52	Workshop for Liaison Officers (SC/ST)	28-Jul-2025	29-Jul-2025	30
53	Two-days workshop on Unified Scheme/New Pension Scheme and Old Pension Scheme	28-Jul-2025	29-Jul-2025	19
54	Workshop on Project Management	28-Jul-2025	29-Jul-2025	8
55	MS-Power Point	24-Jul-2025	25-Jul-2025	17
56	Mentoring skills	21-Jul-2025	23-Jul-2025	13
57	Orientation Course for Deputy Secretaries / Directors	21-Jul-2025	23-Jul-2025	37
58	Big Data Analytics in Government - Basic	21-Jul-2025	23-Jul-2025	8
59	Training Programme for CVOs/VOs	21-Jul-2025	25-Jul-2025	46
60	Basic Management Services	21-Jul-2025	15-Aug-2025	12
61	Workshop on Cyber Security	14-Jul-2025	15-Jul-2025	24
62	Handling Social Media and Information Retrieval	14-Jul-2025	15-Jul-2025	25
63	Handling RTI Matters	14-Jul-2025	15-Jul-2025	35
64	Three-days workshop on Old Pension Scheme/New Pension Scheme/Unified Scheme	14-Jul-2025	16-Jul-2025	47
65	Creative and Positive Thinking	14-Jul-2025	15-Jul-2025	12
66	Reservation in Services for SC/ST/OBC/ExSM/PWDs	7-Jul-2025	10-Jul-2025	26
67	Programme on Pensions & Other Retirement Benefits	7-Jul-2025	9-Jul-2025	18
68	Workshop on e-Procurement & GeM	7-Jul-2025	9-Jul-2025	37
69	Reservation in Services for SC/ST/OBC/ExSM/PWDs	7-Jul-2025	10-Jul-2025	20
70	Proactive Disclosure of information under RTI-Act & Third-Party Audit	7-Jul-2025	7-Jul-2025	47
<b>Total No. of Participants</b>				<b>1752</b>

**Explore  
Trainings @ ISTM**



**Enroll  
Now!**



## ORGANIZATION AND CADER SPECIFIC PROGRAMME - 15 COURSES

S.No	Name of course	Duration From	Duration To	No. of Participants
1	Two-days OSP for Central Vigilance Commission (Vigilance Awareness Week 2025)	29-Sep-2025	30-Sep-2025	22
2	1½ Day OSP for Preparation Charge Sheet for Disciplinary Authority and Vigilance Functionaries for Central Vigilance Commission	22-Sep-2025	23-Sep-2025	32
3	Two-days OSP for Central Vigilance Commission (Vigilance Awareness Week 2025)	22-Sep-2025	23-Sep-2025	27
4	PT Programme on Office Procedure, Record Management, RTI, and Noting Drafting, at Andaman & Nicobar Administration	15-Sep-2025	19-Sep-2025	52
5	Two-days OSP for Central Vigilance Commission (Vigilance Awareness Week 2025)	15-Sep-2025	16-Sep-2025	26
6	Two-days OSP for Central Vigilance Commission (Vigilance Awareness Week 2025)	8-Sep-2025	9-Sep-2025	30
7	Two-days OSP for Central Vigilance Commission (Vigilance Awareness Week 2025)	28-Aug-2025	29-Aug-2025	23
8	PT Programme ATI, Nagaland on Office Procedure Management (NCS&NSS)	19-Aug-2025	21-Aug-2025	27
9	Two-weeks Programme for O/o Central Hindi Directorate, M/o Education	18-Aug-2025	29-Aug-2025	25
10	Two-days OSP for Central Vigilance Commission on Framing of Charge-Sheet	18-Aug-2025	19-Aug-2025	24
11	Three-Days OSP for IOs/POs of Vigilance Department of Various Government Department & PSUs	4-Aug-2025	6-Aug-2025	12
12	Two-weeks Programme for O/o Surveyor General of Indian at NIGST, Hyderabad	14-Jul-2025	25-Jul-2025	31
13	One-week Cadre Training programme for IES Officers Department of Economic Affairs	14-Jul-2025	18-Jul-2025	18
14	Seven Days OSP for National Horticulture Board	2-Jul-2025	8-Jul-2025	43
15	One day OSP for PNGRB on Right to Information Act	2-Jul-2025	2-Jul-2025	24
Total No. of Participants				416

## TRAINING OF TRAINERS OF CBSE - 13 COURSES

S.No	Name of course	Duration From	Duration To	No. of Participants
1	Training of Trainers for CBSE at Kargil	29-Sep-2025	30-Sep-2025	25
2	Training of Trainers for CBSE at Leh	22-Sep-2025	23-Sep-2025	25
3	Training of Trainers for DAV College Managing Committee, Delhi	22-Sep-2025	23-Sep-2025	125
4	Training of Trainers for Dr. Raju Davis International School, Thrissur	15-Sep-2025	19-Sep-2025	75
5	Training of Trainers for National Public School, Bengaluru	15-Sep-2025	16-Sep-2025	99
6	Training of Trainers for Dalhousie Hilltop School, Himanchal Pradesh	8-Sep-2025	9-Sep-2025	41
7	Training of Trainers for Chandigarh Baptist School, Chandigarh	28-Aug-2025	29-Aug-2025	70
8	Training of Trainers for Sri Patibandla Sitaramaiah School, Guntur	19-Aug-2025	21-Aug-2025	78
9	Training of Trainers for Holy Mary International School, Darbhanga	18-Aug-2025	29-Aug-2025	61
10	Training of Trainers for Ahlcon International School, Delhi	18-Aug-2025	19-Aug-2025	66
11	Training of Trainers for Doon valley public school, Nalagarh	4-Aug-2025	6-Aug-2025	101
12	Training of Trainers for Shri Harshad C Valia International, Andheri	14-Jul-2025	25-Jul-2025	83
13	Training of Trainers for Pratap Public School, Karnal	14-Jul-2025	18-Jul-2025	111
Total No. of Participants				960



शहर गाँव सब तेरे नाम ।  
धूप छाँव सब तेरे नाम ॥  
हार जीत अपने अपने  
चाल दाँव सब तेरे नाम ॥



लहर किनारा तेरे नाम  
चंदा तारा तेरे नाम  
जग उजियारा तेरे नाम  
मीठा खारा तेरे नाम  
अंग अंगारा तेरे नाम ॥  
तूफानों के चक्रवात में  
नदी नाव सब तेरे नाम ॥  
शहर गाँव सब तेरे नाम  
धूप छाँव सब तेरे नाम ॥ 1 ॥

प्रीति प्यार है तेरे नाम  
फूल खार है तेरे नाम  
सब बयार है तेरे नाम  
जन्म हज़ार है तेरे नाम ।  
सहज समर्पण स्नेह प्रीति  
रग रग लगाव सब तेरे नाम ॥  
शहर गाँव सब तेरे नाम  
धूप छाँव सब तेरे नाम ॥ 2 ॥

जग अंधियारा तेरे नाम  
मन उजियारा तेरे नाम  
शांत किनारा तेरे नाम  
बहती धारा तेरे नाम ॥  
तू जीवन की पुरवाई अब  
चोट घाव सब तेरे नाम ॥  
शहर गाँव सब तेरे नाम ।  
धूप छाँव सब तेरे नाम ॥ 3 ॥

दिन दुपहरिया तेरे नाम  
ठहरा दरिया तेरे नाम  
करम गठरिया तेरे नाम  
सकल नगरिया तेरे नाम ॥  
झूठी यह माया की पूँजी  
प्रेम भाव सब तेरे नाम ॥  
शहर गाँव सब तेरे नाम  
धूप छाँव सब तेरे नाम ॥ 4 ॥

डिंपल राजपूत  
प्रशिक्षु: ISC-LISP





सूरज के ताप से तपकर - जलकर  
सागर नदी बावड़ी झरने का जल  
बनकर नन्हीं वाष्प की बूंदें  
उठता नभ की ओर अग्रसर  
संघनित एकत्रित होकर  
जलद रूप बन जाता है  
तब 'बादल' कहलाता है।

सृष्टि की रचना करने को  
सींचता मेरु मरुस्थल  
प्राणियों की क्षुधा मिटाने को  
धान्य से भरता धरती का आँचल  
तड़ित तड़ित घन घन घन घन  
मूसलाधार बरस जाता है  
तब 'बादल' कहलाता है।।

प्रेयसी के हृदय की व्यथा  
यह बन जाता अश्रु का जल  
प्रियतम के हृदय की हलचल  
प्रेम हलाहल पीने को  
प्रणय व्यथा पहुँचाने को  
मेघदूत बन जाता है  
तब 'बादल' कहलाता है।।।

तुंग शिखर के ऊपर टिककर  
बन जाता विस्तृत ग्लेशियर  
पिघल बन जाता फिर नदी का जल  
मधुर झरने में करता कल-कल

रूप बदलता क्षण-क्षण पल-पल  
सागर से चल, सागर में मिल  
ब्रह्म विलीन हो जाता है।  
तब 'बादल' कहलाता है।।।।

यूँ तो कहने को बादल है  
जीवन संदेश इसका सरल है  
जो लिया यहीं से लिया  
यहीं पर लौटा कर जाना है  
जीवन रूपी ऊर्जा से  
जग में पुष्प खिलाना है  
त्याग जगत के कपट छल  
हे मनुज तू भी बन जा 'बादल'  
तब जीवन 'सफल' कहलाता है  
तब जीवन 'सफल' कहलाता है।।।।।

-अभिनव सिंह,  
अनुभाग अधिकारी  
स.प्र.प्र.सं.



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